

# Pre and post-performance therapies for flexibility, gait, and comfort

Schedule now with  
Gloria Verrecchio,  
DVM, CERP

Breeding Evaluations &  
Sports Competition,  
Lettleiki Icelandics,  
Wednesday 5/23 -  
Monday 5/28



For widest choice of appointment times book now: 612-741-4994 or [verrecchioldvm@gmail.com](mailto:verrecchioldvm@gmail.com)

A show changes your horse's routine and trailering is stressful—a combination that can cause mental and physical tension.

Pre and post-performance integrated therapies can relax your horse; help correct dysfunctional movement; and improve symmetrical flexibility, proprioception, and Central Gait patterns in the brain.

A relaxed, comfortable horse is more likely to respond willingly to your requests and perform to expectations.



**Sport Physio Sessions** for well performing horses who would benefit from relaxing tight muscles in preparation for evaluation or competition. Both sessions include examination.

**Silver Level (30-45 minutes).....\$90**  
Prepares major muscle groups of the forelimbs, back, and hind limbs. PBM\* laser therapy increases microcirculation; enhances ATP synthesis, mitochondrial function, and antioxidant production; and reduces ROS and CPK associated with muscle fatigue.

**Gold Level (includes Silver).....\$160**  
Reassessment and additional PBM session after performance.

**Posture and/or Movement Rehabilitation (1.5-2 hours).....\$220**  
For horses with observable rhythm or gait dysfunction (e.g., difficulty holding gait, getting canter lead, bracing) or reactivity to palpation of performance points, acupuncture, PBM\*, joint mobilization, and trigger point myofascial release will be custom integrated to the horse.

**Equi-Taping** combined with any session for neuromuscular facilitation, muscle relaxation, and proprioception.....\$20-\$40 (depending on complexity and coverage)

**Equi-Taping** application alone.....\$75

## Testimonials

**Katrin Sheehan, Rutledge, Ga**  
[www.creeksideusa.com](http://www.creeksideusa.com)

Gloria has been helping with improving biomechanics...great source of knowledge. All the horses...have improved performance immediately after treatment, especially one very sensitive mare benefitted from acupuncture and Equi-Taping unexpectedly well. Does not matter what body condition, age, training level or purpose of your horse...I recommend Gloria to all horse owners, trainers and breeders.

**Ivey Sumrell, Fox Hunt and Trail Rider, Columbus, NC**

My three horses had imbalances in their bodies. Dr. Verrecchio's work has made them more forward, happy, comfortable... definite changes in balance...amazing. Her work goes WAY beyond massage and chiropractic. The exercises she prescribes have bonded me and my horse in a totally new way.

**Arlene Lulavage, Partnership with Horses, Tryon, NC**

Dr. Verrecchio, a Certified Equine Rehabilitation Practitioner, had spoken at a Partnership with Horses meeting. When my Paso Fino, Dichoso, wouldn't canter, his corto was off and he was short on the right, I gave her a call. [She] used acupressure, acupuncture, laser, therapeutic stretches and kinesiology taping to release his muscle-myofascial tension and pain. After the session, Dichoso's top line was higher and gait improved. When I put him back in the pasture, he did a sweet collected corto to his pasture mate.

**More references available.**



**Penridge Veterinary Service, LLC**  
[www.penridgevet.com](http://www.penridgevet.com)

\* PBM (photobiomodulation laser therapy has been shown to delay muscle fatigue and soreness, and improve recovery time. Journal of Athletic Training, 2017, "Phototherapy for Improvement of Performance and Exercise Recovery" by T. De Marchi, V.M. Schmitt, et al. <http://natajournals.org/doi/10.4085/1062-6050-52.2.09?code=nata-site>)